

SCHOOLS MEALS – SPRING TERM 1

| 2023 | 2 nd January Week 1 | 11 th January Week 2 | 16 th January Week 3 | 23 rd January Week 4 | 30 th January Week 5 | 6 th February Week 6 | 13 th February Week 7 |
|-----------|-------------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------|-------------------------------------------------------------------------------|
| MONDAY | | Farfalle with Arrabbiata Sauce ~~~ Oat & Raisin Cookie | Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Shortbread Biscuit | Macaroni Cheese with Peas & Carrots ~~~ Custard Biscuit | Margherita Pizza with Salad ~~~ Yogurt | Farfalle with Arrabbiata Sauce ~~~ Oat & Raisin Cookie | Macaroni Cheese with Peas & Carrots ~~~ Custard Biscuit |
| TUESDAY | TED | Cowboy Casserole with Rice ~~~ Apricot Cake | Chilli Con Carne with Rice ~~~ Strawberry Thumbprint Cookie | Spaghetti Bolognese ~~~ Jam & Coconut Sponge Cake | Chicken Chasseur with Green Beans & New Potatoes ~~~ Carrot Cake | Pork & Apple Casserole with a Vegetable medley ~~~ Fruit Salad | Chicken Curry with Rice & Pitta Bread ~~~ Ginger Biscuit |
| WEDNESDAY | Chicken Goujons with Wedges & Salad ~~~ Fruity Flapjack | Chicken Curry with Rice & Pitta Bread ~~~ Fruit Salad | Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Apricot Cake | Sausage, Mash, Peas & Gravy ~~~ Anzac Biscuit | Shepherds Pie with Mixed Vegetables ~~~ Custard Biscuit | Spaghetti Bolognese ~~~ Fruity Flapjacks | Chilli Con Carne with Rice ~~~ Carrot Cake |
| THURSDAY | Chilli Con Carne with Rice ~~~ Strawberry Thumbprint Cookie | Spaghetti Bolognese ~~~ Fruity Flapjacks | Sausage in a Bun with Corn on the Cob ~~~ Anzac Biscuit | Chicken Goujons with Wedges & Salad ~~~ Fruit Salad | Cowboy Casserole with Rice ~~~ Ginger Biscuit | Sausage, Mash, Peas & Gravy ~~~ Custard Biscuit | Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie |
| FRIDAY | Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie | Fish Finger Wrap with a Mixed Salad ~~~ Jam & Coconut Sponge Cake | Margherita Pizza with Salad ~~~ Yogurt | Cod Bites with Cous Cous ~~~ Orange & Sultana Cookie | Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie | Fish Finger Wrap with a Mixed Salad ~~~ Anzac Biscuit | TED |

Please note – All children will receive the main meal unless registered for vegetarian/vegan or specific dietary requirements. There is a separate menu option for vegetarian/vegan. Dietary requirements will have a specifically adapted option based on the main menu.