

# SCHOOLS MEALS – SPRING TERM 1

2023	2 <sup>nd</sup> January Week 1	11 <sup>th</sup> January Week 2	16 <sup>th</sup> January Week 3	23 <sup>rd</sup> January Week 4	30 <sup>th</sup> January Week 5	6 <sup>th</sup> February Week 6	13 <sup>th</sup> February Week 7
MONDAY		Farfalle with Arrabbiata Sauce ~~~ Oat & Raisin Cookie	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Shortbread Biscuit	Macaroni Cheese with Peas & Carrots ~~~ Custard Biscuit	Margherita Pizza with Salad ~~~ Yogurt	Farfalle with Arrabbiata Sauce ~~~ Oat & Raisin Cookie	Macaroni Cheese with Peas & Carrots ~~~ Custard Biscuit
TUESDAY	<b>TED</b>	Cowboy Casserole with Rice ~~~ Apricot Cake	Chilli Con Carne with Rice ~~~ Strawberry Thumbprint Cookie	Spaghetti Bolognese ~~~ Jam & Coconut Sponge Cake	Chicken Chasseur with Green Beans & New Potatoes ~~~ Carrot Cake	Pork & Apple Casserole with a Vegetable medley ~~~ Fruit Salad	Chicken Curry with Rice & Pitta Bread ~~~ Ginger Biscuit
WEDNESDAY	Chicken Goujons with Wedges & Salad ~~~ Fruity Flapjack	Chicken Curry with Rice & Pitta Bread ~~~ Fruit Salad	Roast Chicken, Roast Potatoes, Mixed Vegetables & Gravy ~~~ Apricot Cake	Sausage, Mash, Peas & Gravy ~~~ Anzac Biscuit	Shepherds Pie with Mixed Vegetables ~~~ Custard Biscuit	Spaghetti Bolognese ~~~ Fruity Flapjacks	Chilli Con Carne with Rice ~~~ Carrot Cake
THURSDAY	Chilli Con Carne with Rice ~~~ Strawberry Thumbprint Cookie	Spaghetti Bolognese ~~~ Fruity Flapjacks	Sausage in a Bun with Corn on the Cob ~~~ Anzac Biscuit	Chicken Goujons with Wedges & Salad ~~~ Fruit Salad	Cowboy Casserole with Rice ~~~ Ginger Biscuit	Sausage, Mash, Peas & Gravy ~~~ Custard Biscuit	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie
FRIDAY	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie	Fish Finger Wrap with a Mixed Salad ~~~ Jam & Coconut Sponge Cake	Margherita Pizza with Salad ~~~ Yogurt	Cod Bites with Cous Cous ~~~ Orange & Sultana Cookie	Baked Potato Tuna Mayo, Cheese or Beans & Salad ~~~ Oat & Raisin Cookie	Fish Finger Wrap with a Mixed Salad ~~~ Anzac Biscuit	<b>TED</b>

Please note – All children will receive the main meal unless registered for vegetarian/vegan or specific dietary requirements. There is a separate menu option for vegetarian/vegan. Dietary requirements will have a specifically adapted option based on the main menu.