


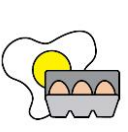


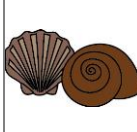






## DISHES AND THEIR ALLERGEN CONTENT – THE BLACKWELL KITCHEN 2024-2024

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti Bolognese		✓			✓									
Fish Pie		✓			✓		✓		✓					
Roast Chicken, Roast Potatoes, Mixed Veg & Gravy														
Fish Cake		✓			✓		✓		✓					
Cod Bites		✓			✓									
Cherry & Sultana Rock Cake		✓		✓			✓							✓
Beef Bean Burrito		✓												
Poached Salmon, Tom & Veg Sauce & couscous		✓			✓									
White Fish, red Pepper Sauce, Rice & Broc					✓									
Fruity Flapjack		✓					✓							
Macaroni Cheese		✓					✓		✓					
Pasta Peas & Bacon		✓					✓							✓
Fruit Cake, apple, raspberry		✓		✓			✓							
Sausage, Mash & Beans		✓												✓
Chicken Curry		✓		✓			✓		✓					





Vegan Lentil Falafel		✓												
Packed Lunch – Sandwiches Ham & Cheese		✓				✓								✓
Packed Lunch – Oat & Raisin Cookie		✓				✓								✓

**Last Reviewed :22.5.2024**

Reviewed by: Sharon Barker



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