

# PE AND SPORT NEWSLETTER

## Blackwell First School

At Blackwell, we promote healthy and active lifestyles through our PE curriculum and wider sporting opportunities. From sports clubs to play leaders, sports trips and wake 'n' shake, we offer our children a broad and balanced range of sports and physical activities to support lifelong healthy habits. Welcome to our Summer PE and Sport Newsletter.

### **PE CURRICULUM**

Each class takes part in weekly PE lessons. During these lessons a range of skills are taught, including dance, gymnastics, multi skills, athletics and games.

### **SPORTS CREW**

Our BFS Sports Crew **Amelie, Connie, Ralph, Nancy, Jack and Seb** have been busy already this year. They have been busy judging Wake 'n' Shake competitions and they have also updated the videos for our Wake 'n' Shakes which have been enjoyed by all.

They are looking forward to helping to organise sports day later this term.

### **PLAY LEADERS**

Now that our Play Leaders have had their training, they have begun leading games during play times. Lots of the other children have enjoyed playing their new games.

**Play Leaders:** Freddie, Noah, Arden, Ralph, Harry, Ajooni, Lyla, Pippa. Elsie and Thea.

### **TRAINING FOR STAFF**

Here at BFS, we are always looking to update our staff's skills to offer the best practice.

Last term, Carolyn Goddard from the All Active Academy came into school to provide some practical CPD for the teachers.

### KS2 Basketball with Mr Chan and Mrs Webb



### KS1 and KS2 Dance Club with Mrs



### **LONDON MINI MARATHON IN SCHOOLS**

We are looking forward to taking part in the London Mini Marathon for schools later on this half term.



### YEAR 3 GYMNASTICS

Last term, **Yellow Class** enjoyed participating in a gymnastics event at Alvechurch Middle School, trying out a range of activities.



### YEAR 2 DANCE FESTIVAL

**Purple Class** recently enjoyed participating in a Dance Festival at the Artrix. Here, they performed a dance to 'Let's Go Fly a Kite' linking to their recent History learning about the Suffragettes.



### WAKE 'N' SHAKE

Congratulations to **Purple Class**, **Green Class** and **Blue Class** for winning the most recent Wake and Shake Competitions.

### BIG WALK AND WHEEL

Thank you to everyone who was able to take part in the Big Walk and Wheel before Easter.

**As a school, we recorded a brilliant total of 761 journeys.**



### NATIONAL WALKING MONTH

As part of Herefordshire and Worcestershire's National Walking Month campaign, this May, children and families are invited to participate in local Wellbeing and Health Walks, contributing towards a collective goal of walking the length of the county border (approx. 53 miles) as many times as possible. More information can be found at: [www.activehw.co.uk/national-walking-month](http://www.activehw.co.uk/national-walking-month)



### REMAINING SPORTS EVENTS

Friday 22<sup>nd</sup> May 2026 – **Sports Day (9am main school and 2pm Nursery)**

Thursday 25<sup>th</sup> June 2026 – **Reception Multi Skills Festival – details TBC**

If you have any comments, questions or suggestions, please do not hesitate to contact us.  
Mrs Webb and Miss Bailey